

Splenda® Diabetes Care Shakes Solutions



What I Will Try This Week:



Avoid Skipping Meals

- ☐ Try 1-2 shakes instead of skipping a meal
- ☐ Try 1-2 shakes when I'm not in the mood to prepare food
- ☐ Other: _____



Prevent Habits Of Overeating

- ☐ Try 1 shake after my meal if I still feel hungry
- ☐ Try 1 shake instead of fast food
- ☐ Other: _____



Improve On-the-Go Nutrition

- ☐ Try 1 shake when I need an energy boost
- ☐ Try 1 shake as my afternoon snack option
- ☐ Other: _____



Enjoy A No-Sugar Treat

- ☐ Try 1 shake instead of a high-sugar dessert option
- ☐ Try 1 shake when I have a sweet snack craving
- ☐ Other: _____



Splenda Diabetes Care Shakes:



Delicious Flavor



16g Protein



170 Calories



No Added Sugar[§]

A Better Meal or Snack Choice to Help Manage Blood Sugar

Splenda.com/where-to-buy

 **Where to buy Splenda® Diabetes Care Shakes:**

- Walmart.com
- Amazon.com
- Walgreens
- RiteAid
- ShopRite
- Hannaford
- Giant
- Tops
- Food City
- Bravo
- Giant Eagle
- Meijer
- Publix
- Harris Teeter
- Winn-Dixie
- Lowe's Foods
- Fresco y Mas
- Sedano's
- Harvey's
- HEB
- Brookshire
- Hy-Vee
- County Market
- Woodman's



- ✓ No added sugar[§]
- ✓ 16g Protein & 6g of Prebiotic Fiber to Help You Feel Full
- ✓ 170 Calories to Keep You Energized Throughout Your Day

Try all 3 delicious flavors today!