

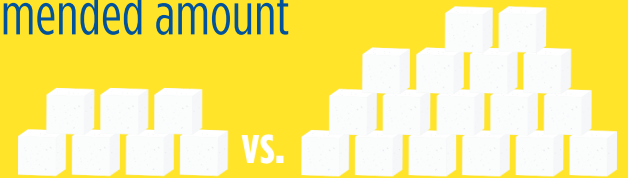
# How can SLENDA® help you LOSE WEIGHT<sup>1</sup> and keep it off?

A good way to cut calories is to









**CUT ADDED SUGAR**



The American Heart Association says that most Americans consume **MORE THAN 2X** the daily recommended amount of added sugar every day<sup>2</sup>.



**YOUR FAVORITE DRINKS MAY BE A SOURCE OF ADDED CALORIES AND SUGAR. DON'T COMPROMISE, SEE HOW MUCH YOU CAN CUT BY SWITCHING TO SLENDA.**

	CALORIES <sup>3</sup>		ADDED SUGAR	
	SUGAR	vs. Splenda	SUGAR	vs. Splenda
<b>SWEET ICED TEA</b> 	128	vs. 0		vs. 0
<b>FRESH LEMONADE</b> 	132	vs. 10		vs. 0
<b>COFFEE</b> 	43	vs. 0		vs. 0
<b>2% MILK LATTE</b> 	186	vs. 143		vs. 0

**SLENDA® is the #1 recommended sweetener brand by healthcare professionals.\***

**Ask for your FREE Sample of SLENDA® today.**



1. When used in place of sugar; Rogers PJ, Hogenkamp PS, de Graaf C, et al. (2016) Does low-energy sweetener consumption affect energy intake and body weight? A systematic review, including meta-analyses, of the evidence from human and animal studies. Int J of Obes 40(3), 381-394. 2. 2019, February 19. (By Any Other Name It's Still Sweetener). Retrieved from: <https://www.heart.org/en/healthy-living/healthy-eating/eat-smart/sugar/by-any-other-name-its-still-sweetener>. 3. 2019, June. Retrieved from: [calorieking.com](http://calorieking.com). \*Among healthcare professionals clinically treating patients.